

Anita's Black Bean Corn Salsa

INGREDIENTS:

1 Can Each – Black Beans, Chick Peas, Mexican Corn – rinsed and drained

2 Cans Rotel Tomatoes – drained

Chopped avocado, green onions, cilantro, and jalapeño

Tony C's/Red Pepper or just salt/pepper, fresh lime juice

Zesty Italian Dressing

DIRECTIONS:

1. Mix it all together in a bowl, best made a day or so ahead
2. Serve with chips or veggies or eat as a side